

Simplify and enhance your lives with mobile technology. Smartphones and tablets allow us to better organize and get ahead in our business, family life and personal goals. Recommended apps from U.S. Cellular's Women in Action Chapter include:



Cozi Family Organizer

There's nothing stationary about your life, so why depend on a Family calendar that hangs on a wall? Calm the chaos of activities, recipes and your family schedule with a color coded calendar for your entire family. Make updates in real time, add tasks, reminders and photos to customize to your needs.



Passbook

Store frequently used membership cards, discount cards, boarding passes and more to keep you organized on the go. Integrates directly from App Store into Passbook or scan your own cards.



Evernote

Business, student or pleasure; mobile note taking that allows you to attach photos, organize into notebooks then share with others. View your notes from multiple devices (phone/tablet) and clip articles from the web to add research. For invoicing, snap a picture of receipts or business cards then save as a detailed contact or business partner.



Groupme

Set-up a group for your leaders, associates or inspirational cohorts that allows you to communicate or chat information in real time. Celebrate successes among peers, get updates on numbers or create a little friendly competition with goal setting and check-ins for a specific group.



Fooducate

Maintain a healthy diet by tracking the quality of calories, not just the quantity. The easy to use app scans over 250,000 barcodes to determine nutrition grades (A,B, C or D)



MyFitnessPal

Lose weight and track your health from anywhere, anytime! Set goals, track calories and exercise, access the world's largest nutrition database and keep a diary. Live feed lets you share with like minded friends for inspiring competition!



Duolingo

Exercise your mind and learn a new language this year with a fun, easy to use app that teaches spelling, pronunciation and conjugation with fun graphics and voice overs and quizzes you along the way. A FREE way to speak a new language in no time!