



June 2019 Dinner Meeting

Motivation: Temporary Inspiration or Lasting Goal Fulfillment? You Make the Choice!

Speaker: Stacie Williams

Have you ever wondered why motivational events are only temporary? You buy a book, listen to a speech or attend a seminar and you leave the experience feeling more inspired than you've ever been before; then time passes. Within a few hours to a couple of days at most, the excitement ebbs and all the amazing things you learned go to the wayside, trapped in the overloaded file box of your brain, rarely to be used again.

Outside motivation, the kind you receive from a source other than yourself, is an impermanent thing, tapering off within 48 hours and then fading away. But, does it have to be? Our speaker this month, Stacie Williams, will help you learn how to turn short-term motivation into long-term goal fulfillment.



Stacie Williams is a Certified Life Coach and founder of The Dream Detective, where she assists clients in discovering their goals and then striving to achieve them. A writer at heart, she has both a Bachelor's and Master's Degree in English and Writing and she's made a career out of using her communication skills to empower others.

When Thursday, June 13, 2019
5:30 Networking
6:00 Dinner and Introductions
7:00 Program
8:00 Meeting Ends

Where Rogue Regency Inn
2300 Biddle Road, Medford

Cost Member - \$ 26* Non-member - \$ 31*

Menu **Regular** entrée – Roasted Tri-Tip w/ au Poivre Sauce

Vegetarian option – Pasta Primavera (please request when registering)

The meal also includes: Tossed green salad w/dressing, Rice Pilaf, season sautéed vegetables, rolls and butter
Dessert: Strawberry Shortcake
Coffee (regular and decaf), tea (hot and iced)

***Get a \$3 discount for online registration and prepayment at wesoweb.org!**

Prepay an online reservation or call Cat Carroll at 541-890-4266. (Also call Cat about food allergies, cancellations, or other questions about registration.) Please submit your reservation request (online payment or phone) by 9:00 p.m. on June 10th. Reservations made after this cut-off date cannot be guaranteed. Cancellations must be received by that date or you will be responsible for payment of the uncanceled event.

Visit wesoweb.org to make online reservations.